

Notices.

OUR PRIZE PUZZLE.

Rules for competing for the Pictorial Puzzle Prize will be found on Advertisement page VIII.

In consequence of innumerable complaints, we would advise our readers in provincial towns to order their NURSING RECORD through Messrs. Smith & Son's Bookstall at the Railway Station. In case they have any difficulty in obtaining it in this manner each week, we shall be glad if they will write a post card to the Manager, at the NURSING RECORD Office, 11, Adam Street, Strand, W.C.

Copies of the NURSING RECORD are always on sale at 269, Regent Street, price 1d. As this address is close to Oxford Circus, it will be found a Central Depot.

Comments and Replies.

Miss McGahey, Sydney.—Will you kindly let us have your present London address, so that a letter which is now waiting for you at 20, Upper Wimpole Street, may be forwarded to you.

Miss Wilson, London.—Your letter will appear in our next issue. Want of space compels us to hold it over this week.

Certificated Nurse.—We should advise you strongly not to accept a foreign appointment, other than a Government one, without obtaining unexceptional references. In all

cases you should have a definite and written agreement before accepting a post abroad.

Mrs. Evans, Brighton.—You will find the "English-woman's Year Book," edited by Miss Emily Janes, Secretary of the National Union of Women Workers, and published by Adam and Charles Black, a valuable book of reference, and it contains the names and addresses of prominent women workers, which are often most useful in putting various workers in touch with one another.

A Bad Sailor.—An excellent pick-me-up after a bout of sea-sickness is the beaten-up yolk of an egg, to which is added a teacupful of beef tea, made with an Extract of Meat, with a teaspoonful of Worcestershire Sauce, and a little pepper and salt to taste, added to the whole. After a night's misery it is wonderful how much more cheerful the world looks when a hot cupful of the above preparation has been taken.

Convalescent.—We think the South Coast would be more advisable. The East begins to get chilly about this time of the year.

Sister A., Brighton.—We deeply sympathise with you. We hold that incurable insanity should constitute the right to a divorce. The Florida legislature has passed a Bill providing that four successive years of insanity on the part of husband or wife is just ground for divorce. The person getting the divorce must provide means for the maintenance of the divorced one.

Maternity Nurse.—We should strongly advise you to qualify yourself as a trained nurse by obtaining the three years' certificate of a general nurse-training school. You will never regret the time so spent if you succeed in obtaining such a certificate. Three months' training in a special branch is not sufficient to qualify you for the responsible work you will undertake. If you could nurse one part of the body to the exclusion of the others it might, perhaps, do so; but unfortunately the human body cannot be nursed in sections.

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